

SERVICE AS ACTION



IB MIDDLE YEARS PROGRAMME

SERVICE AS ACTION at ISMA Premjers 2019/2020

Year Level	Long term/ ongoing	Short term
Year 1-3	<ul style="list-style-type: none"> We Recycle! 	<ul style="list-style-type: none"> Help animal shelter! Random acts of kindness About Love in different languages

Long term/ ongoing	Supervisor
About Love in different languages	Teacher Jelena Kilgaste
Help animal shelter!	Teacher, SA Coordinator Polina Chumichova
Random acts of kindness	Teacher Danata Balode-Samofala
We Recycle!	Teacher, SA Coordinator Polina Chumichova

SERVICE AS ACTION at ISMA Premjers 2019/2020

Help animal shelter!

Students will be involved in the charity event aimed at helping homeless animal shelter. The **goal** of the activity is to **practice empathy by providing care to the lost, unwanted, abandoned, and/or neglected animals**. We will volunteer at our local animal shelter (clean, walk dogs, just play with the animals), donate items to the shelter (various clothing, towels, bedding, blankets, cat / dog food, toys, cat litter, leashes and collars), help re-homing animals (telling friends and family members to adopt an animal from the shelter, taking photos of adoptable pets, advertising animals on social media, producing creative Animal Shelter posters), start an animals rights club.



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We Recycle!

Students start an environmental initiative at school (Recycling programme) and sort recyclable materials including plastic, paper, glass, electronics and all types of used batteries. During the project the students aim to examine resources that we use to make our world sustainable, to look at the consequences of using resources and generating pollution and waste, and to work out the concrete actions we can take to protect our planet.

The importance of SERVICE AS ACTION

Your hard work benefits other people in the school, local and international community

Aiding others helps you to learn about yourself and improve your self-esteem

Working with others develops your leadership skills

Meeting others develops your interpersonal skills

Large projects allow you to discover new talents, skills and interests

Going outside of your comfort zone increases your understanding of the world

Engaging with the community encourages you to respect and show tolerance towards others

It helps you to reflect on your strength and weaknesses

Helping others looks really good to educational establishments and employers



IB Service Learning Outcomes



1. Become more aware of their own strengths and areas for growth.

Students are able to see themselves as individuals with various skills and abilities, some more developed than others, and understand that they can make choices about how they wish to move forward.

2. Undertake challenges that develop new skills.

A new challenge may be an unfamiliar activity or an extension to an existing one. As with new challenges, new skills may be shown in activities the student has not previously undertaken, or in increased expertise in an established area.

3. Discuss, evaluate and plan student-initiated activities.

Planning and initiation will often be in collaboration with others. It can be shown in activities that are part of larger projects, for example on-going school activities in the local community, as well as in small student-led activities.

IB Service Learning Outcomes



4. Persevere in action.

This can only be achieved for a longer-term activity that is likely to require significant planning or require you to overcome a number of obstacles along the way.

5. Work collaboratively with others.

Collaboration can be shown in many different activities, such as team sports, playing music in a band, or helping in primary school.

6. Awareness and understanding of culture, intercultural; understanding and international mindedness.

Projects that take global issues.

7. Consider the ethical implications of their actions.

Students need to consider whether all aspects of their project are ethical, and will not have a negative impact on anyone in the community.

SERVICE AS ACTION and IB Learner Profile

Inquirers: We use inquiry and research skills to learn about causes and charities, to find out how we can put our new knowledge to good use, and to take the initiative and do things by ourselves.

Knowledgeable: We broaden and deepen our knowledge in a variety of ways. Sometimes we learn about things for the first time and sometimes we learn new things about topics we are already familiar with.

Risk-takers: We try things for the first time. We challenge ourselves in new ways, and take risks even though failure is a possibility. We are resilient no matter the outcome and we look for new ways to push ourselves in all aspects of our lives.

Caring & Principled:
We develop projects with the welfare of others in mind. We show empathy, honesty, integrity, compassion and respect for others throughout our projects.



SERVICE AS ACTION and IB Learner Profile

Reflective: We reflect on all aspects of our lives in order to constantly improve both for ourselves and for others. We champion our strengths and acknowledge our weaknesses, and find ways to improve both.

Communicators: We work effectively as part of a team and develop new communication skills in order to communicate effectively with outside organizations and the wider community.

Balanced: We manage our social, academic, sporting and recreational lives in a balanced way. We manage our time, our stresses, and ourselves effectively.

Open-minded: We are open to trying new things with new people, in new and exciting ways. We respect other people's values, traditions and opinions when planning and executing projects.

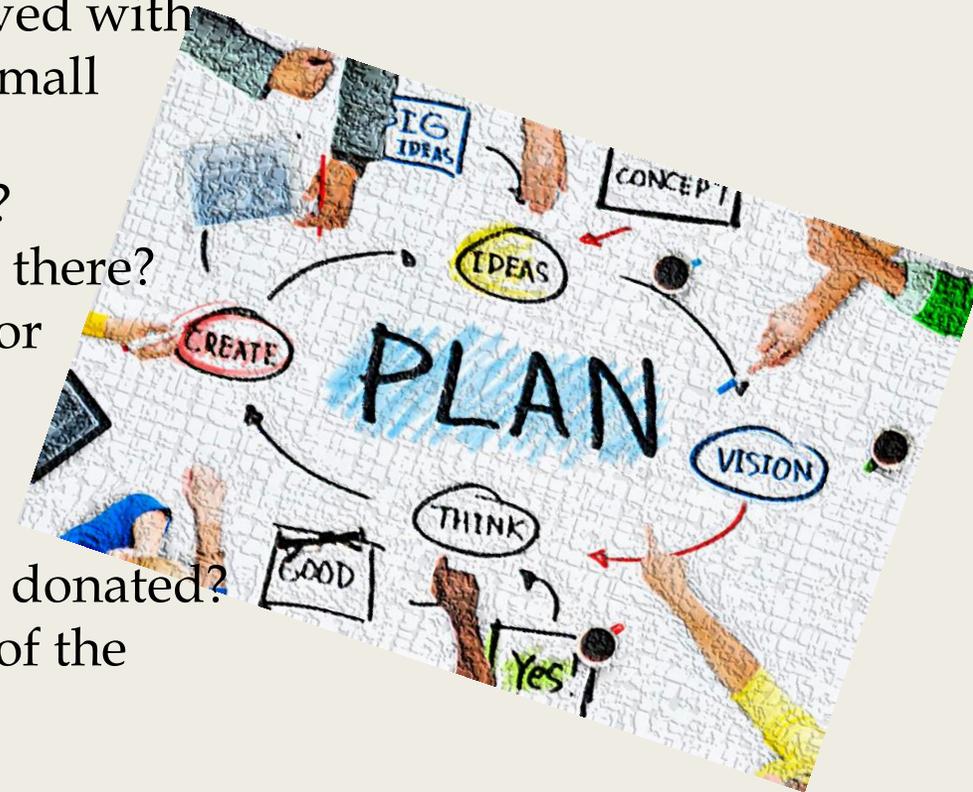
Thinkers: We think critically and creatively during our projects in order to solve problems and make ethical decisions.



Planning your SERVICE AS ACTION project

Some guiding questions to help you get started:

- Making contact with people who you will be involved with
- Will you be working alone on your project or in a small group?
- What resources will you need, such as equipment?
- If you need to travel to a location, how will you get there?
- When will you work on your project? After school or weekends?
- What time do you have to be at your location?
- Who will be your supervisor?
- If you are fund raising, to whom will the money be donated?
- How are you going to market and raise awareness of the charity/cause?
- Will you need any special clothing?
- When will you schedule to finish your project?
- What is/are your goals for the project?



Taking ACTION for your project

When taking action, remind yourself to do the following:

- Record the progress of your project with photos and text;
- Upload the photos from your phone or camera into Managebac;
- Describe the activities you completed;
- Describe what changes you made, if any;
- If a group project, describe what the others did and how they all performed;
- Remember to 'tell the story of your project.

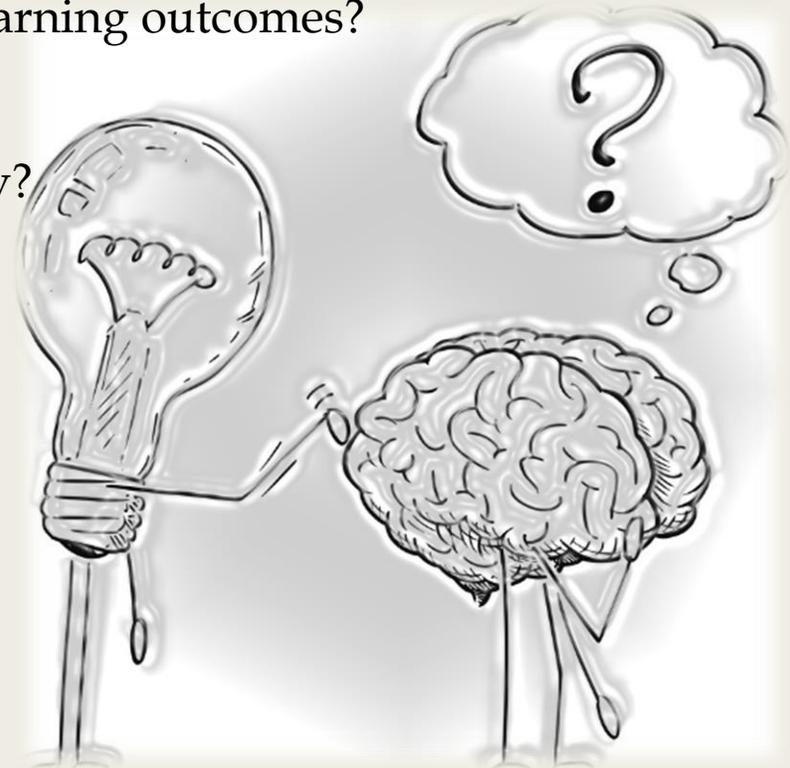


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Reflecting on your SERVICE AS ACTION project

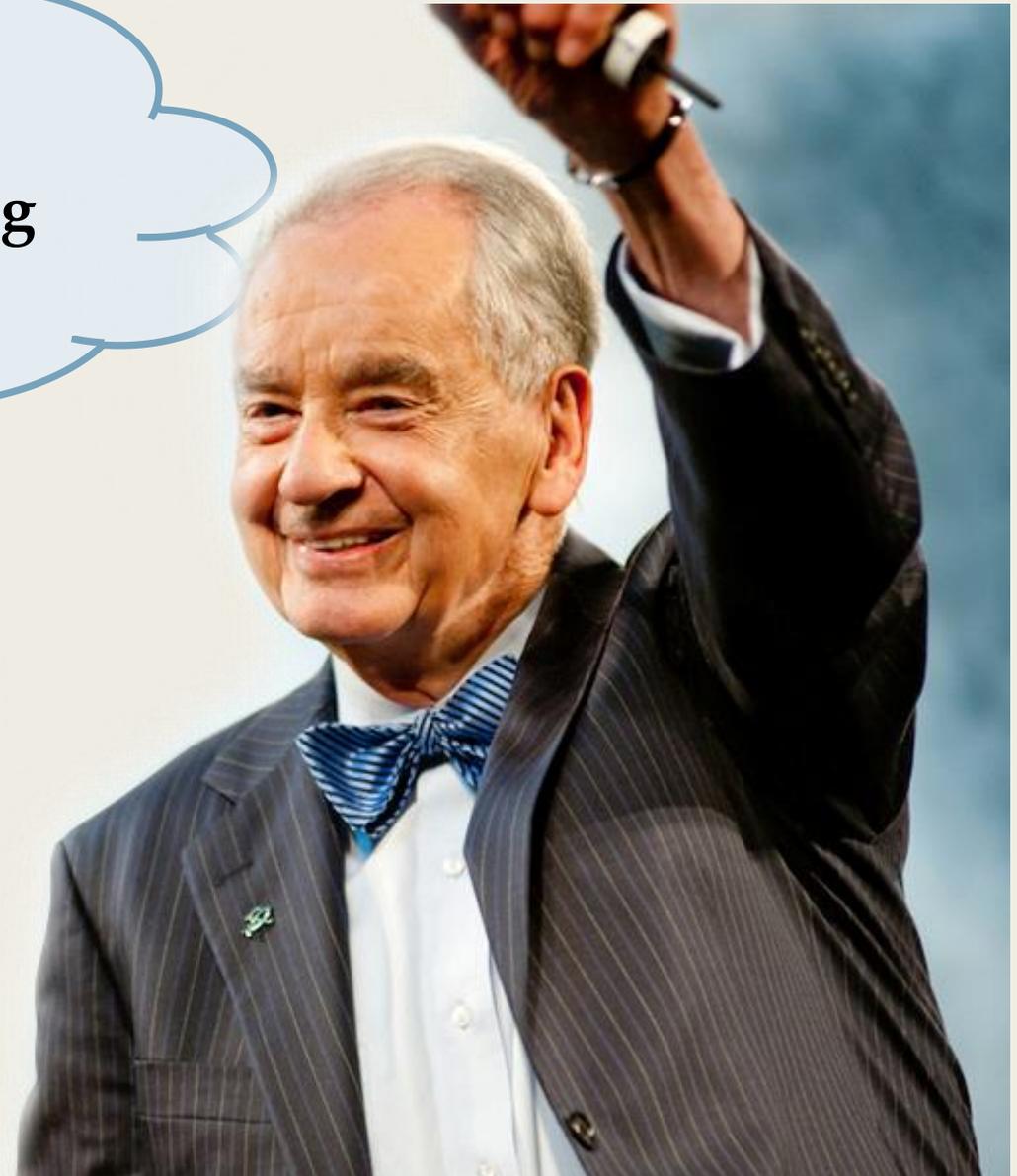
Important questions for you to ask yourself include:

- What were my overall thoughts of the project? Did I plan well and take action appropriately?
- Did I manage to achieve my goals for the project? My learning outcomes?
- How successful was the project?
- If I had to repeat the project, what would I do differently?
- How did the group work together (for group projects)?
- How can I apply what I learned to other situations?



**“I must do something”
will always solve more
problems than “Something
must be done”.**

Zig Ziglar



Additional references

1. International Baccalaureate, (2014), “MYP: From principles to practice”.
2. MYP Service as Action Programme:
http://205.186.131.134/images/16_pdf/2017-18/Handbook-for-Students-2016-17-G10-Final.pdf